**FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION**

**ATTENDANCE VERIFICATION FORM**

**2022-2023**

**Student First and Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sport: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**School Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_ Semester: \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Establishment Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PLEASE NOTE:**

* **For Category 1, student should practice a total of 15 hours with at least 10 practice hours during the school week**
* **For Category 2, all 5 hours should be during the school week**
* **Notify the school counselor immediately if the student drops out of the sport**
* **Forms are due NO LATER THAN 3 DAYS before the end of the grading period**
* **Students must participate in school PE if not participating in Off Campus practice**

**WORKOUT SCHEDULE**

|  |  |  |  |
| --- | --- | --- | --- |
| **Grading Period 3** | **Hours of Training** | **Description of Activity** | **Coach’s Initials** |
| **Week 1 (1/9– 1/15)** | | | |
| **Monday** |  |  |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Week 2 (1/16 – 1/22)** | | | |
| **Monday** |  | **No School** |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Week 3 (1/23 – 1/29)** | | | |
| **Monday** |  | **No School** |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Week 4 (1/30 – 2/5)** | | | |
| **Monday** |  |  |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Week 5 (2/6– 2/12)** | | | |
| **Monday** |  |  |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Week 6 (2/13 – 2/19)** | | | |
| **Monday** |  |  |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  | **No School** |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Week 7 (2/20 – 2/26)** | | | |
| **Monday** |  | **No School** |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Week 8 (2/27 – 3/5)** | | | |
| **Monday** |  | **No School** |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |
| **Forms Due to Your Campus by March 8th** | | | |

**Total Number of Hours: \_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_**

**Coach’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_**